

# WELLINGTON COLLEGE INTERNATIONAL SHANGHAI

Wellington College International Shanghai 2025-26 Co-Curricular Activities Secondary Guide (Y7 – Y13)

#### INTRODUCTION

Welcome to our Co-Curricular Activities Guide for the 2025–2026 school year at Wellington College International Shanghai. We are proud to offer one of the broadest in-school CCA programmes in China, featuring elite sports, academic competitions, performing arts productions, and a wide range of enrichment activities for all pupils.

Our CCA & Enrichment team-comprising dedicated administrators, school leaders, and the majority of academic staff-works closely with high-quality external partners to deliver more than 200 activities each week across the College.

We hope and expect that all Wellingtonians will take full advantage of the opportunities available to grow, make friends, learn, excel, and develop as well-rounded individuals. A well-rounded child is a happier, more resilient, and ultimately more successful young person. Whether on stage, on the court, or in the classroom, there is something for everyone. We encourage pupils not only to nurture their existing passions and develop their skills but also to explore new activities whenever possible.

The enrichment programme for Year 1 pupils is integrated into the school day. Year 2 and 3 pupils may participate in a maximum of two CCA activities per week to maintain a balanced load, while those in Years 4–13 may join additional activities in the week as their schedules allow.

Balance is key to success. Alongside their passions and pursuits of excellence, pupils also need time for rest and recovery. A healthy and meaningful *Wellington Week* should incorporate a child's passions, a pursuit of excellence, growth opportunities, challenges to overcome as well as time for rest. Class teachers and tutors will regularly check in with pupils about their engagement, and we encourage parents to work with our staff to help every child get the most out of their Wellington journey.

#### Important Dates:

- Registration for the Michaelmas term opens on Sunday, 24 August at 10am and closes at 11:00 am on Thursday, 28 August.
- Confirmation of CCA options will be shared with parents and pupils on Friday, 5 September.
- CCA activities start on Monday, 8 September.

Wishing you a wonderful Michaelmas term ahead!

Peter Murison

**Second Master** 

#### 引言

欢迎来到上海惠灵顿 2526 学年,我校丰富的课外辅助活动(CCA)一直让我们引以为傲,无论是高水平的体育项目、激动人心的学术竞赛、精彩纷呈的艺术表演,还是多样化的素质拓展活动,您都能在这份指南中找到。

惠灵顿每周向全校学生提供 200 多项丰富多彩的活动,学校相关的行政人员,管理层及教师团队与校外合作伙伴紧密携手,尽职尽责。

我们希望每位惠灵顿学子都能充分利用这次宝贵机会,去结交新朋友、学习新技能、发挥其所长、开拓其眼界,成为一名全面发展的青年,因为只有这样他们才会更加快乐,更有韧性,更有可能最终取得成功。无论是在舞台上,球场上还是课堂上,总有适合他们的舞台,我们鼓励学生不仅要培养已有的兴趣与技能,也要勇于尝试新领域,发现更多可能。

一年级学生的素质拓展课程已包含在日常课表当中,二年级和三年级学生每周最多可参加两项 CCA 活动,保证劳逸结合,四年级至十三年级学生可根据个人时间安排参加更多活动。

成功离不开平衡,一周健康而充实的校园生活,应当包括学生热爱的事物、对卓越的追求、不断成长的机会、克服挑战的经历,以及适当的休息时间,班级老师会定期与学生沟通参与情况,也欢迎各位家长与我校保持联系,让每位学生充分享受在惠灵顿的时光。

#### 重要日期:

- 新学期 CCA 活动注册将于8月24日(星期日)上午10点开放,并于8月28日(星期四)上午11点截止。
- CCA 活动确认信息将于9月5日(星期五)发送给家长和学生。
- CCA 活动将于9月8日(星期一)正式开始。

预祝您度过一个缤纷多彩的新学期!

Peter Murison

**Second Master** 

#### **READING THE GUIDE & SIGNING UP**

Returning parents will notice a change to the format of the guides for this year, with activities sorted into individual Year Groups (e.g. Year 2 / Year 3 etc.). We hope this will make it more convenient for readers to see the relevant options available to them on the respective days and with information particular to them.

The expectations for each year group are different and we encourage all pupils and parents to engage with their class/tutors teachers around selections, where needed. Pupils must be meaningfully engaged to make the most of the Wellington experience, but we acknowledge that this looks different for every child.

Many activities are by Invitation or Selection (typically competitive or performance activities) while most of them are open for individual signup. When signing up, please note that we can't guarantee that you will get the first choice and our algorithms will auto select for popular CCAs. If you don't get your first choice one term, there is always the opportunity the following term or years ahead. Parents and pupils are expected to select a minimum of 2 activities on each day where they hope to be involved in a CCA.

#### **CO-CURRICULAR ACTIVITIES CALENDAR 2025-2026**

#### Michaelmas Term

- 8<sup>th</sup> September 26<sup>th</sup> September \*
- 13<sup>th</sup> October 12<sup>th</sup> December
- \* There will be no CCAs for Secondary pupils in the week of Monday 22<sup>nd</sup> September Friday 26<sup>th</sup> September due to pupils being on Edventures during that week.

#### **Lent Term**

- 12<sup>th</sup> January 13<sup>th</sup> February
- 2<sup>nd</sup> March 27<sup>th</sup> March

#### **Summer Term**

- 13<sup>th</sup> April 30<sup>th</sup> April
- 11<sup>th</sup> May 12<sup>th</sup> June

Please note that these dates refer to general CCAs and not team training or performance reschedules. Training for these activities will typically start earlier than listed here and conclude as is relevant to the specific activity.

#### **HOW TO SIGN UP**

Sign up at the start of each term via Schoolsbuddy

#### Part I: Account Activation and Forgotten Password

#### Account Activation (New users)

#### Step 1: Activation email

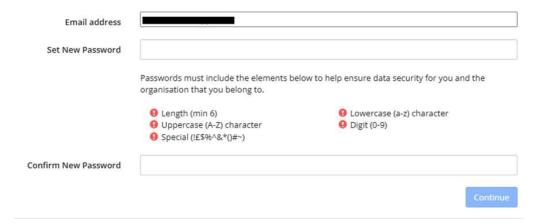
You will receive an account activation from "Wellington College SchoolsBuddy".

If you haven't received the system email, please email enrichment.shanghai@wellingtoncollege.cn.

Once you receive the email, please click the activation link in the email to set up a password.

#### Step 2: Set up for Password

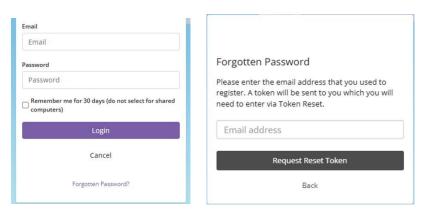
Please use the iSAMs email address as the username.



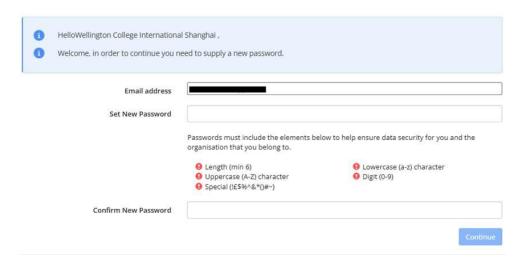
<sup>\*\*</sup> Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!£ \$%^&\*()#-)

#### • Forgotten Password (Previous users)

You will receive a password reset email from the SchoolsBuddy system by clicking "forgotten Password?" to reset your password.



An email will then be sent to your mailbox, and please click the link in the email to reset your password. If you do not receive the email, please check your junk/spam folder and ensure that you have entered the email address you used to register in the iSAMs.



<sup>\*\*</sup> Password must include all elements below to ensure security – Length(min 6), Lowercase(a-z), Uppercase(A-Z), Digit(0-9), Special(!£ \$%^&\*()#-)

#### **Part II: CCA Activity Selection**

Step 1: "Activities & Clubs" > Available signups > Click "Choose"

#### Step 2: Select the CCA activities

Select your preferences for each day. Click the day of the week you want to make choices for. Make your first choice your 'preference1', your second choice 'preference2' and so on. You may only select ONE 'preference1', 'preference2', 'preference3', etc for each day. The system will not let you select P1 twice on the same day. To change your P1 choice first untick the current P1 choice (click N/A).

When complete move onto the next day.



#### Step 3: Submit your choices

The system has been set up for a compulsory number of choices for submission. Please make sure you have made all the choices. The system will show as below to remind you if the number of activities you have chosen does not meet the system requirements.



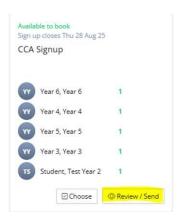
If you have completed selecting all your choices as required, please click next and review all your selections. Once you have confirmed your selection, click "Next" > "Submit to school".

#### Part III: CCA Selection Amendments

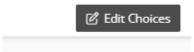
During the selection period, parents/pupils are able to make amendments and resubmit their selections. How to make amendments to your selections:

Step 1: Enter "Activities & Clubs"

Step 2: "Review / Choose" the selections in the related container



**Step 3:** Click "Edit Choices" and "Confirm" in the pop-up window.



- Step 4: There will be a "Choose" function under the container once you confirm to amend your selections.
- Step 5: Unselect your previous selections (by clicking N/A) and re-select another activity.
- Step 6: After the re-selection, click" Next" and "Submit to School"

#### **WeX (WELLINGTON EXTRA)**

Many parents will already be familiar with our Wellington Extra programme. WeX is an after-school/weekend/holiday extension programme aimed at giving pupils access to opportunities over and above our already exceptional Co-Curricular offering.

Through WeX, pupils can continue exploring their passions, develop new skills, and excel beyond the classroom. Throughout the year, pupils can sign up for a wide range of carefully curated premium activities, ranging from weekly classes and specialist training to holiday camps and educational tours.

These activities are separately charged with Wellington pupils enjoying preferential rates. All WeX activities are delivered by official school partners, affiliated organisations, and/or trusted, high-quality providers—ensuring WeX experiences are engaging, meaningful, and aligned with the Wellington values of holistic education and excellence.

#### **IMPORTANT CONTACT DETAILS**

CCA/Enrichment Office: <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a>
Wellington Extra (WeX): <a href="mailto:jacob.charrotgrinsdale@wellingtoncollege.cn">jacob.charrotgrinsdale@wellingtoncollege.cn</a> or

extra.wcis@wellingtoncollege.cn

Performing Arts Department: <u>michael.larsen-disney@wellingtoncollege.cn</u>

Music Department:music.shanghai@wellingtoncollege.cnSports Department:sports.shanghai@wellingtoncollege.cn

## Monday

Name of Activity	Age-Groups	Category	Description
Basketball (Y7	7	Open	This CCA is designed to foster the love of basketball & develop pupils' skills and teamwork.
Girls)			Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing
,			and defense.
Dragon Dance	7-8	Open	An opportunity to learn and perform the traditional Chinese dragon dance. Pupils practice the
			intricate movements and teamwork required to bring the dragon to life. The Dragon Dance CCA
			promotes confidence, physical fitness and includes performances at school events.
Public Speaking	7-9	Open	This popular CCA is run by a vendor partner (Spotlight) and will help children develop their
			confidence in speaking in front of others. Public speaking is a wonderful skill for all pupils and
			is open to all experience levels.
Rugby (Touch)	7-9	Open	The Wellington rugby programme offers a dynamic and inclusive environment where pupils can
,			develop their rugby skills, teamwork and sportsmanship. We focus on touch rugby, a non-
			contact version of the game. In touch rugby, players aim to touch their opponents using their
			hands to stop play, making it a safer and more accessible introduction to the sport.
Engineering	7-9	Open	In this CCA, pupils dive into the exciting world of design and innovation. In this hands-on club,
0 11 0			pupils work on a variety of projects, from building models to creating functional prototypes and
			exploring the principles of engineering and technology. Through collaborative projects and
			creative problem-solving, pupils develop practical skills and a deeper understanding of how
			things work.
Chinese Whole	7-9	Open	An opportunity to engage in reading a full Chinese novel in a group setting, facilitated by our
Book Reading			Chinese Department. While some support will be provided, pupils should be at least capable of
			basic Mandarin reading to sign up for this CCA option.
Cooking	7-9	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational programme
000111118	, 0	оро	teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per
			session to cover ingredients, which will be deducted from children's lunch cards.
National	7-9	Open	The National Geographic CCAs explore the wonders of our world through documentaries,
Geographic	, 0	оро	articles and activities. Pupils will dive into topics such as wildlife, geography, history and
Society			science, fostering a sense of curiosity and global awareness.
Chinese History	7-9	Open	This CCA offers pupils an engaging exploration of China's rich and diverse past. Through
Chinocottilotory	, 0	Орон	discussions, presentations and projects, pupils delve into significant events, dynasties and
			cultural developments. The CCA aims to deepen understanding of Chinese heritage, promote
			historical awareness and inspire a love for learning about one of the world's oldest civilizations.
Chinese Art and	7-10	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as
Crafts	,	оро	calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural
0.0.10			projects, members learn about Chinese culture and express creativity. Although children will be
			doing art activities, the focus is on learning about Chinese culture.
Cycling	7-11	Open	Open to all levels of proficiency, this CCA gives the chance to pupils to share the enjoyment of
Proficiency (Bike	,	оро	cycling while also allowing those who are still learning the opportunity to do so in a safe and
Riding)			supportive environment. Once everyone is comfortable riding, pupils will venture off campus
			for scenic bike rides along the river's dedicated cycle path.
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to
7			audition for our many productions. As well as the fundamental skills, pupils will be taught
			routines and set pieces from various shows as well as studying the choreography of influential
			figures.
Chinese	7-13	Open	Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink
Watercolour			and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a
painting			relaxing and creative environment.
Dungeons and	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative
Dragons	-	- 1	environment. They will create characters, weave stories and engage in role-playing games,
J			developing skills in problem-solving, teamwork and storytelling. The club offers a fun and
			inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy
			tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational
		•	simulation that allows pupils to role-play as delegates to the United Nations. Through debates,
			research and diplomacy, pupils will gain a deep understanding of international relations, public
			speaking and critical thinking. Should they wish, pupils also have the chance to participate in
			conferences locally and even internationally.
Table Tennis	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about
(Recreational)		- 120	basic techniques, including grip, serves and returns. Pupils will participate in friendly matches
			and engaging drills, developing their coordination and reflexes. If your child is interested in
			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn
			Compensation to the production of the production

IQ VEX Robotics Competition	7-9	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/
Maths Competition	7-11	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email sports.shanghai@wellingtoncollege.cn

## Tuesday

Name of Activity	Age-Groups	Category	Description
Bronze Crest Award (Science)	7-8	Open	An accreditation based CCA which focuses on STEM projects, including experiments and creative problem-solving. The activity has the option for pupils to potentially earn a recognised award while developing their passion for Science and their own skills.
Stage Makeup	7-9	Open	In this CCA pupils will learn the basic skills involved in theatrical stage makeup. Pupils will have the exciting opportunity, and are expected to, to assist with the makeup for productions happening in that term.
Fine Art (Painting project)	7-9	Open	In this CCA, pupils will embark on a term-long painting project with the goal that they will produce a work of outstanding beauty. Pupils should have some painting experience before signing up for this CCA or should be prepared to commit to a longer- term painting project.
Digital Art and Procreate	7-9	Open	Develop your digital art skills in our Procreate CCA! This co-curricular activity is designed for pupils who want to refine their techniques, work on personal projects, or create artwork for school initiatives like festive cards and event posters. Whether you're building a portfolio or simply exploring digital illustration, this CCA offers guided yet flexible sessions to elevate your craft. Bring your own iPad or borrow one from school—all skill levels are welcome!
Business Management Skills	7-9	Open	This CCA will equip pupils with the necessary skills to be highly effective in the business world, including starting to learn touch typing, data management and other key multifaceted administrative skills through practical exercises and interactive workshops. The CCA focuses on enhancing organizational abilities, using effective systems and attention
Japanese Culture	7-9	Open	The Japanese Culture CCA offers pupils an immersive experience of the vibrant traditions and customs of Japan. Through activities such as learning the basics of the Japanese language, practicing calligraphy, exploring tea ceremonies and celebrating festivals, children will gain a deeper understanding and appreciation of Japanese culture
First Aid	7-9	Open	The First Aid CCA is a comprehensive program to learn essential first-aid skills in a fun and interactive setting. This CCA covers crucial topics such as basic wound care, CPR, choking relief and how to respond to common emergencies.
Book Club	7-9	Open	The Book Club invites avid readers to dive into the world of literature, exploring a diverse range of books throughout the term. Children are expected to read a range of books outside of the CCA time as the weekly sessions will be mainly focused on engaging in thoughtful discussion and sharing a love of literature.
Chinese Art and Crafts	7-9	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity.
Athlete Development	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete.  This CCA focuses on building a strong foundation of sport movement fundamentals essential for excelling in a variety of athletic activities, including track and field and invasion games.
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer (Tabletop wargame series)	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe. Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world and have a lot of fun at the same time – as well as getting active. Pupils will learn the techniques to throw, aim, and strategise like a pro.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.

Football Squad (U12 & U14 CISSA)	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs. Pupils will remain in a squad for the term.
IQ VEX Robotics Competition	7-9	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking. Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Wednesday

Name of Activity	Age-Groups	Category	Description
Basketball (Y7 Girls)	7	Open	This CCA is designed to foster the love of basketball & develop pupils' skills and teamwork. Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense.
Tennis (Beginners)	7-9	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. If your child is an experienced player and you would like them to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Chess Team	7-13	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor, helping them develop their game further, ultimately competing at local and regional competitions. Please email <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a> if you are a highlevel chess player and would like to be considered for the team.
School Production	7-8	Invite/Team	A Christmas Carol" Auditions for this production are on Sunday 31st august 1.30-4pm . If you would like to audition please contact Ms Hammond (fallon.hammond@ellingtoncollege.cn)
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email: <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Thursday

Name of Activity	Age-Groups	Category	Description
Architects of Tomorrow	7-8	Open	The Architects of Tomorrow CCA invites pupils to explore the art and science of structural design through creative design and problem-solving. Through hands-on activities, collaborative design challenges and model-building, pupils develop a deeper understanding of architectural concepts and apply their analytical skills to real-world problems.
Art Mindfulness	7-9	Open	This CCA is an opportunity for pupils to work on relaxing open-ended projects that are distinct from those studied in curriculum art lessons. While guided teaching and direction takes place, pupils should be prepared to work independently to develop creative works.
Spanish Culture	7-9	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries.  Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Crime Scene Investigation (CSI): Forensics	7-9	Open	This CCA offers pupils a fascinating journey into the world of crime scene investigation and forensic science. Pupils explore techniques such as fingerprint analysis, blood typing and evidence collection through interactive activities and simulated cases.
Athlete Development	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete. This CCA focuses on building a strong foundation of sport movement fundamentals essential for excelling in a variety of athletic activities, including track and field and invasion games.
Gardening	7-9	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs. They will also work with some of the school gardeners & Sustainability committee to understand how the school grounds are maintained. This CCA fosters teamwork, environmental stewardship and an appreciation for sustainable practices.
Chinese Traditional Costumes	7-9	Open	The Chinese Traditional Costumes CCA offers pupils a unique opportunity to explore the rich history and cultural significance of Chinese attire; both mainstream and of minority groups. Pupils will learn about various traditional garments through interactive sessions and hands-on activities such as mask making and shadow puppetry
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open to intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing:  Girls: Leotard, tights and ballet shoes.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess.  Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography.  Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.

Creative Writing	7-9	Invite/Team	These sessions are for Wellington's Creative Writing Team and the very best pupils are
Team (English)			selected to take part to represent the school. Pupils will take part in local, national and
			international writing contests. If you feel that your child may be a suitable candidate to
			represent Wellington, please speak to your child's English teacher in the first instance.
Football Squad	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads.
(U12 & U14			Please refer to the information from the Sports department about try-outs. Pupils will remain
CISSA)			in a squad for the term.
Table Tennis	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in
(Team)			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn
Leadership	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information
Programme			about how to apply for these positions will be shared with pupils at the start of the year. Please
			contact your respective Head of Year for more information.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band
			are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon
			Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba
			Percussion: Drums (various)
			If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>



#### Monday

Name of Activity	Age-Groups	Category	Description
Dragon Dance	7-8	Open	An opportunity to learn and perform the traditional Chinese dragon dance. Pupils practice the
			intricate movements and teamwork required to bring the dragon to life. The Dragon Dance CCA
			promotes confidence, physical fitness and includes performances at school events.
Public Speaking	7-9	Open	This popular CCA is run by a vendor partner (Spotlight) and will help children develop their
			confidence in speaking in front of others. Public speaking is a wonderful skill for all pupils and
			is open to all experience levels.
Rugby (Touch)	7-9	Open	The Wellington rugby programme offers a dynamic and inclusive environment where pupils can
			develop their rugby skills, teamwork and sportsmanship. We focus on touch rugby, a non-
			contact version of the game. In touch rugby, players aim to touch their opponents using their
			hands to stop play, making it a safer and more accessible introduction to the sport.
Engineering	7-9	Open	In this CCA, pupils dive into the exciting world of design and innovation. In this hands-on club,
			pupils work on a variety of projects, from building models to creating functional prototypes and
			exploring the principles of engineering and technology. Through collaborative projects and
			creative problem-solving, pupils develop practical skills and a deeper understanding of how
			things work.
Chinese Whole	7-9	Open	An opportunity to engage in reading a full Chinese novel in a group setting, facilitated by our
<b>Book Reading</b>			Chinese Department. While some support will be provided, pupils should be at least capable of
			basic Mandarin reading to sign up for this CCA option.
Cooking	7-9	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational programme
J		•	teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per
			session to cover ingredients, which will be deducted from children's lunch cards.
National	7-9	Open	The National Geographic CCAs explore the wonders of our world through documentaries,
Geographic			articles and activities. Pupils will dive into topics such as wildlife, geography, history and
Society			science, fostering a sense of curiosity and global awareness.
Chinese History	7-9	Open	This CCA offers pupils an engaging exploration of China's rich and diverse past. Through
······	. •	оро	discussions, presentations and projects, pupils delve into significant events, dynasties and
			cultural developments. The CCA aims to deepen understanding of Chinese heritage, promote
			historical awareness and inspire a love for learning about one of the world's oldest civilizations.
Chinese Art and	7-10	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as
Crafts	7-10	Орсп	calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural
Gianto			projects, members learn about Chinese culture and express creativity. Although children will be
			doing art activities, the focus is on learning about Chinese culture.
Cycling	7-11	Open	Open to all levels of proficiency, this CCA gives the chance to pupils to share the enjoyment of
Proficiency (Bike	7-11	Орсп	cycling while also allowing those who are still learning the opportunity to do so in a safe and
Riding)			supportive environment. Once everyone is comfortable riding, pupils will venture off campus
rtiding)			for scenic bike rides along the river's dedicated cycle path.
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to
Jazz Dance	7-13	Open	audition for our many productions. As well as the fundamental skills, pupils will be taught
			routines and set pieces from various shows as well as studying the choreography of influential
Chinese	7-13	Open	figures.  Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink
	7-13	Open	
Watercolour			and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a
painting	7.10	Onon	relaxing and creative environment.
Dungeons and	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative
Dragons			environment. They will create characters, weave stories and engage in role-playing games,
			developing skills in problem-solving, teamwork and storytelling. The club offers a fun and
			inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy
F 41 15 1	7.10		tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational
			simulation that allows pupils to role-play as delegates to the United Nations. Through debates,
			research and diplomacy, pupils will gain a deep understanding of international relations, public
			speaking and critical thinking. Should they wish, pupils also have the chance to participate in
			conferences locally and even internationally.
Table Tennis	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about
(Recreational)			basic techniques, including grip, serves and returns. Pupils will participate in friendly matches
			and engaging drills, developing their coordination and reflexes. If your child is interested in
			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn

IQ VEX Robotics Competition	7-9	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/
Maths Competition	7-11	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Tuesday

Name of Activity	Age-Groups	Category	Description
Bronze Crest Award (Science)	7-8	Open	An accreditation based CCA which focuses on STEM projects, including experiments and creative problem-solving. The activity has the option for pupils to potentially earn a recognised award while developing their passion for Science and their own skills.
Stage Makeup	7-9	Open	In this CCA pupils will learn the basic skills involved in theatrical stage makeup. Pupils will have the exciting opportunity, and are expected to, to assist with the makeup for productions happening in that term.
Fine Art (Painting project)	7-9	Open	In this CCA, pupils will embark on a term-long painting project with the goal that they will produce a work of outstanding beauty. Pupils should have some painting experience before signing up for this CCA or should be prepared to commit to a longer- term painting project.
Digital Art and Procreate	7-9	Open	Develop your digital art skills in our Procreate CCA! This co-curricular activity is designed for pupils who want to refine their techniques, work on personal projects, or create artwork for school initiatives like festive cards and event posters. Whether you're building a portfolio or simply exploring digital illustration, this CCA offers guided yet flexible sessions to elevate your craft. Bring your own iPad or borrow one from school—all skill levels are welcome!
Business Management Skills	7-9	Open	This CCA will equip pupils with the necessary skills to be highly effective in the business world, including starting to learn touch typing, data management and other key multifaceted administrative skills through practical exercises and interactive workshops. The CCA focuses on enhancing organizational abilities, using effective systems and attention
Japanese Culture	7-9	Open	The Japanese Culture CCA offers pupils an immersive experience of the vibrant traditions and customs of Japan. Through activities such as learning the basics of the Japanese language, practicing calligraphy, exploring tea ceremonies and celebrating festivals, children will gain a deeper understanding and appreciation of Japanese culture
First Aid	7-9	Open	The First Aid CCA is a comprehensive program to learn essential first-aid skills in a fun and interactive setting. This CCA covers crucial topics such as basic wound care, CPR, choking relief and how to respond to common emergencies.
Book Club	7-9	Open	The Book Club invites avid readers to dive into the world of literature, exploring a diverse range of books throughout the term. Children are expected to read a range of books outside of the CCA time as the weekly sessions will be mainly focused on engaging in thoughtful discussion and sharing a love of literature.
Chinese Art and Crafts	7-9	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity.
Athlete Development	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete.  This CCA focuses on building a strong foundation of sport movement fundamentals essential for excelling in a variety of athletic activities, including track and field and invasion games.
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer (Tabletop wargame series)	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe. Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world and have a lot of fun at the same time – as well as getting active. Pupils will learn the techniques to throw, aim, and strategise like a pro.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.

Football Squad (U12 & U14 CISSA)	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs. Pupils will remain in a squad for the term.
IQ VEX Robotics Competition	7-9	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking. Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Wednesday

Name of Activity	Age-Groups	Category	Description
Tennis (Beginners)	7-9	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through fun and engaging drills. If your child is an experienced player and you would like them
Chess Team	7-13	Invite/Team	to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a> Wellington's chess team meet on Wednesdays and receive coaching from an external vendor, helping them develop their game further, ultimately competing at local and regional competitions. Please email <a href="mailto:enrichment.shanghai@wellingtoncollege.cn">enrichment.shanghai@wellingtoncollege.cn</a> if you are a highlevel chess player and would like to be considered for the team.
School Production	7-8	Invite/Team	A Christmas Carol" Auditions for this production are on Sunday 31st august 1.30-4pm . If you would like to audition please contact Ms Hammond (fallon.hammond@ellingtoncollege.cn)
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

#### Thursday

Name of Activity	Age-Groups	Category	Description
Architects of Tomorrow	7-8	Open	The Architects of Tomorrow CCA invites pupils to explore the art and science of structural design through creative design and problem-solving. Through hands-on activities, collaborative design challenges and model-building, pupils develop a deeper understanding of architectural concepts and apply their analytical skills to real-world problems.
Art Mindfulness	7-9	Open	This CCA is an opportunity for pupils to work on relaxing open-ended projects that are distinct from those studied in curriculum art lessons. While guided teaching and direction takes place, pupils should be prepared to work independently to develop creative works.
Spanish Culture	7-9	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries.  Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Crime Scene Investigation (CSI): Forensics	7-9	Open	This CCA offers pupils a fascinating journey into the world of crime scene investigation and forensic science. Pupils explore techniques such as fingerprint analysis, blood typing and evidence collection through interactive activities and simulated cases.
Athlete Development	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete. This CCA focuses on building a strong foundation of sport movement fundamentals essential for excelling in a variety of athletic activities, including track and field and invasion games.
Gardening	7-9	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs. They will also work with some of the school gardeners & Sustainability committee to understand how the school grounds are maintained. This CCA fosters teamwork, environmental stewardship and an appreciation for sustainable practices.
Chinese Traditional Costumes	7-9	Open	The Chinese Traditional Costumes CCA offers pupils a unique opportunity to explore the rich history and cultural significance of Chinese attire; both mainstream and of minority groups. Pupils will learn about various traditional garments through interactive sessions and hands-on activities such as mask making and shadow puppetry
Public Speaking	7-9	Open	This popular CCA is run by a vendor partner (Spotlight) and will help children develop their confidence in speaking in front of others. Public speaking is a wonderful skill for all pupils and is open to all experience levels.
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing:  Girls: Leotard, tights and ballet shoes.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess.  Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography.  Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.

Creative Writing Team (English)	7-9	Invite/Team	These sessions are for Wellington's Creative Writing Team and the very best pupils are selected to take part to represent the school. Pupils will take part in local, national and international writing contests. If you feel that your child may be a suitable candidate to represent Wellington, please speak to your child's English teacher in the first instance.
Football Squad (U12 & U14 CISSA)	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs. Pupils will remain in a squad for the term.
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Leadership Programme	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school.  Information about how to apply for these positions will be shared with pupils at the start of the year. Please contact your respective Head of Year for more information.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>



#### Monday

Name of Activity	Age-Groups	Category	Description
Public Speaking	7-9	Open	This popular CCA is run by a vendor partner (Spotlight) and will help children develop their
			confidence in speaking in front of others. Public speaking is a wonderful skill for all pupils and
			is open to all experience levels.
Rugby (Touch)	7-9	Open	The Wellington rugby programme offers a dynamic and inclusive environment where pupils can
			develop their rugby skills, teamwork and sportsmanship. We focus on touch rugby, a non-
			contact version of the game. In touch rugby, players aim to touch their opponents using their
			hands to stop play, making it a safer and more accessible introduction to the sport.
Engineering	7-9	Open	In this CCA, pupils dive into the exciting world of design and innovation. In this hands-on club,
			pupils work on a variety of projects, from building models to creating functional prototypes and
			exploring the principles of engineering and technology. Through collaborative projects and
			creative problem-solving, pupils develop practical skills and a deeper understanding of how
			things work.
Chinese Whole	7-9	Open	An opportunity to engage in reading a full Chinese novel in a group setting, facilitated by our
Book Reading			Chinese Department. While some support will be provided, pupils should be at least capable of
			basic Mandarin reading to sign up for this CCA option.
Cooking	7-9	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational programme
			teaches basic culinary skills, kitchen safety and nutrition. There is a nominal cost of RMB50 per
			session to cover ingredients, which will be deducted from children's lunch cards.
National	7-9	Open	The National Geographic CCAs explore the wonders of our world through documentaries,
Geographic			articles and activities. Pupils will dive into topics such as wildlife, geography, history and
Society			science, fostering a sense of curiosity and global awareness.
Chinese History	7-9	Open	This CCA offers pupils an engaging exploration of China's rich and diverse past. Through
			discussions, presentations and projects, pupils delve into significant events, dynasties and
			cultural developments. The CCA aims to deepen understanding of Chinese heritage, promote
			historical awareness and inspire a love for learning about one of the world's oldest civilizations.
Chinese Art and	7-10	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as
Crafts			calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural
			projects, members learn about Chinese culture and express creativity. Although children will be
			doing art activities, the focus is on learning about Chinese culture.
Cycling	7-11	Open	Open to all levels of proficiency, this CCA gives the chance to pupils to share the enjoyment of
Proficiency (Bike			cycling while also allowing those who are still learning the opportunity to do so in a safe and
Riding)			supportive environment. Once everyone is comfortable riding, pupils will venture off campus
			for scenic bike rides along the river's dedicated cycle path.
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to
			audition for our many productions. As well as the fundamental skills, pupils will be taught
			routines and set pieces from various shows as well as studying the choreography of influential
			figures.
Chinese	7-13	Open	Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink
Watercolour			and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a
painting			relaxing and creative environment.
Dungeons and	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative
Dragons			environment. They will create characters, weave stories and engage in role-playing games,
			developing skills in problem-solving, teamwork and storytelling. The club offers a fun and
			inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy
NAL 12.1	7.0		tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational
			simulation that allows pupils to role-play as delegates to the United Nations. Through debates,
			research and diplomacy, pupils will gain a deep understanding of international relations, public
			speaking and critical thinking. Should they wish, pupils also have the chance to participate in
Table Touris	7.40	0 =	conferences locally and even internationally.
Table Tennis	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about
(Recreational)			basic techniques, including grip, serves and returns. Pupils will participate in friendly matches
			and engaging drills, developing their coordination and reflexes. If your child is interested in
			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn

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#### Tuesday

Name of Activity	Age-Groups	Category	Description
Stage Makeup	7-9	Open	In this CCA pupils will learn the basic skills involved in theatrical stage makeup. Pupils will have
			the exciting opportunity, and are expected to, to assist with the makeup for productions
			happening in that term.
Fine Art (Painting	7-9	Open	In this CCA, pupils will embark on a term-long painting project with the goal that they will
project)		•	produce a work of outstanding beauty. Pupils should have some painting experience before
			signing up for this CCA or should be prepared to commit to a longer- term painting project.
Digital Art and	7-9	Open	Develop your digital art skills in our Procreate CCA! This co-curricular activity is designed for
Procreate			pupils who want to refine their techniques, work on personal projects, or create artwork for
			school initiatives like festive cards and event posters. Whether you're building a portfolio or
			simply exploring digital illustration, this CCA offers guided yet flexible sessions to elevate your
			craft. Bring your own iPad or borrow one from school—all skill levels are welcome!
Business	7-9	Open	This CCA will equip pupils with the necessary skills to be highly effective in the business world,
Management			including starting to learn touch typing, data management and other key multifaceted
Skills			administrative skills through practical exercises and interactive workshops. The CCA focuses
			on enhancing organizational abilities, using effective systems and attention
Japanese Culture	7-9	Open	The Japanese Culture CCA offers pupils an immersive experience of the vibrant traditions and
,			customs of Japan. Through activities such as learning the basics of the Japanese language,
			practicing calligraphy, exploring tea ceremonies and celebrating festivals, children will gain a
			deeper understanding and appreciation of Japanese culture
First Aid	7-9	Open	The First Aid CCA is a comprehensive program to learn essential first-aid skills in a fun and
			interactive setting. This CCA covers crucial topics such as basic wound care, CPR, choking
			relief and how to respond to common emergencies.
Book Club	7-9	Open	The Book Club invites avid readers to dive into the world of literature, exploring a diverse range
			of books throughout the term. Children are expected to read a range of books outside of the
			CCA time as the weekly sessions will be mainly focused on engaging in thoughtful discussion
			and sharing a love of literature.
Chinese Art and	7-9	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as
Crafts	, 0	оро	calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural
0.0.10			projects, members learn about Chinese culture and express creativity.
Athlete	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete.
Development	, 0	оро	This CCA focuses on building a strong foundation of sport movement fundamentals essential
Dovotopinon			for excelling in a variety of athletic activities, including track and field and invasion games.
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured
20248	,	оро	debates on a range of topics. They will practice constructing and presenting arguments,
			engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes
			part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO
			public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the
,			art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic
			masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and
(Tabletop wargame		- 1	tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate
series)			battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking,
			teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to
			connect and share their love for the Warhammer universe. Pupils should be familiar with
			Warhammer and should be passionate about it. New members are welcome, but they are
			expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world
		- 1	and have a lot of fun at the same time – as well as getting active. Pupils will learn the
			techniques to throw, aim, and strategise like a pro.
Physics Olympiad	9-12	Open	The British Physics Olympiad (BPhO) is a prestigious competition that challenges students to
		•	test their physics knowledge and problem-solving skills. Designed for secondary school pupils
			with a keen interest in physics, the Olympiad features a series of rigorous tests that cover a
			wide range of topics, from fundamental principles to advanced concepts There are different
			age categories for the competition. Pupils in Y10-13 should be studying physics.
Set Building	9-13	Open	Pupils involved in DT or with an interest in engineering, and who are keen to get involved in the
		•	building of sets for performances and developing their own practical skills should consider
			joining this CCA. Practical skills will be taught alongside developing design understanding and
			problem solving skills.

Chinese Drama Club	9-13	Open	A Drama CCA which focuses on Chinese Language Drama performances. Pupils will have the opportunity to develop their acting skills while focusing on Chinese language productions.  Pupils should be confident speaking in Mandarin to get the most from this activity.
Team Strength Training	9-13	Open	An opportunity for pupils involved with in or out-of-season training to develop their strength training in a controlled and facilitated environment. This activity will support year-round athlete strength development and conditioning. All sporting disciplines are welcomed.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.
Football Squad (U12 & U14 CISSA)	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads. Please refer to the information from the Sports department about try-outs. Pupils will remain in a squad for the term.
IQ VEX Robotics Competition	7-9	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking. Pupils will be expected to commit to the team and attend competitions outside of school time. For more information, see https://www.vexrobotics.com/
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Netball (U15)	9-10	Invite/Team	This CCA is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Joseph (Production)	9-13	Invite/Team	Auditions will be held on Sunday 31st August 9am-1pm. If you would like to audition please contact Mr LD (michael.larsen-disney@wellingtoncollege.cn)
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Year 9 Wednesday

Name of Activity	Age-Groups	Category	Description
Tennis (Beginners)	7-9	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA, children will be introduced to fundamental skills such as grip, stance and basic strokes through
(beginners)			fun and engaging drills. If your child is an experienced player and you would like them to be
			considered for competitive tennis, please email sports.shanghai@wellingtoncollege.cn
Chess Team	7-13	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor,
			helping them develop their game further, ultimately competing at local and regional
			competitions. Please email enrichment.shanghai@wellingtoncollege.cn if you are a high-level
			chess player and would like to be considered for the team.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you
Squad Training			are unsure if your child is ready for Bronze squad training or you feel they should be considered
			for the Silver or Gold squads, please email sports.shanghai@wellingtoncollege.cn
Duke of	9-13	Open	The Duke of Edinburgh Award is a youth achievement programme that encourages personal
Edinburgh			development and community involvement. It is divided into three levels: Bronze, Silver and Gold.
			This CCA will give pupils some extra dedicated time to focus on the award. Participants engage
			in various activities across four sections: Volunteering, Physical, Skills and an Expedition.
Volleyball (U19	9-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our
SISAC)			programme offers an inclusive environment where players of all skill levels can develop their
			volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills such
			as serving, setting, spiking and blocking, with practice matches and strategic drills to enhance
			physical fitness and game understanding.

## Thursday

Name of Activity	Age-Groups	Category	Description
Art Mindfulness	7-9	Open	This CCA is an opportunity for pupils to work on relaxing open-ended projects that are distinct from those studied in curriculum art lessons. While guided teaching and direction takes place, pupils should be prepared to work independently to develop creative works.
Spanish Culture	7-9	Open	Children will explore various aspects of Spanish culture from around the world. This CCA immerses pupils in the rich traditions and customs of Spanish-speaking countries. Members explore Spanish cuisine, music, dance and festivals through interactive activities and cultural projects.
Crime Scene Investigation (CSI): Forensics	7-9	Open	This CCA offers pupils a fascinating journey into the world of crime scene investigation and forensic science. Pupils explore techniques such as fingerprint analysis, blood typing and evidence collection through interactive activities and simulated cases.
Athlete Development	7-9	Open	Great option for anyone wanting to improve their health and develop as an all-round athlete. This CCA focuses on building a strong foundation of sport movement fundamentals essential for excelling in a variety of athletic activities, including track and field and invasion games.
Gardening	7-9	Open	This CCA offers pupils the chance to connect with nature and learn about horticulture. Children will engage in planting, cultivating and maintaining the school garden, gaining hands-on experience in growing flowers, vegetables and herbs. They will also work with some of the school gardeners & Sustainability committee to understand how the school grounds are maintained. This CCA fosters teamwork, environmental stewardship and an appreciation for sustainable practices.
Chinese Traditional Costumes	7-9	Open	The Chinese Traditional Costumes CCA offers pupils a unique opportunity to explore the rich history and cultural significance of Chinese attire; both mainstream and of minority groups. Pupils will learn about various traditional garments through interactive sessions and handson activities such as mask making and shadow puppetry
Public Speaking	7-9	Open	This popular CCA is run by a vendor partner (Spotlight) and will help children develop their confidence in speaking in front of others. Public speaking is a wonderful skill for all pupils and is open to all experience levels.
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing:  Girls: Leotard, tights and ballet shoes.
Biotechnology	9-10	Open	Discover the fascinating world of biotechnology in this hands-on science club. Explore how living things are used to create medicines, food, and sustainable solutions. Perfect for curious minds who enjoy science and innovation.
History & Politics Society	9-13	Open	History and politics society provides an opportunity for you to step into the past to understand the present - and perhaps even shape the future! We will explore the stories, ideas, and events that drive today's headlines, and see how history has set the stage for today's political landscape. You will be encouraged to think critically, engage in lovely debates and become truly global citizens.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess. Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography.  Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.

Creative Writing	7-9	Invite/Team	These sessions are for Wellington's Creative Writing Team and the very best pupils are
Team (English)			selected to take part to represent the school. Pupils will take part in local, national and
			international writing contests. If you feel that your child may be a suitable candidate to
			represent Wellington, please speak to your child's English teacher in the first instance.
Football Squad	7-9	Invite/Team	This is when the football squads train. Teams are selected for matches from the squads.
(U12 & U14			Please refer to the information from the Sports department about try-outs. Pupils will
CISSA)			remain in a squad for the term.
Netball (U15)	9-10	Invite/Team	This CCA is ideal for beginners and developing players eager to learn and improve their
			netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules
			and teamwork through engaging drills and practice sessions.
Table Tennis	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in
(Team)			competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Leadership	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school.
Programme			Information about how to apply for these positions will be shared with pupils at the start of
			the year. Please contact your respective Head of Year for more information.
Chinese	9-13	Invite/Team	Each year the college publishes a Chinese language magazine called Hui Ling Xin Yu (惠灵心
Magazine (Pupil			语) dedicated to exploring and celebrating the Chinese language and culture. Managed and
Publication)			produced entirely by pupils, this publication offers a unique blend of articles, stories,
			interviews and artwork that reflect their passion and learning journey. This CCA is most
			suitable for those studying Chinese, but also for those pupils with native-level Mandarin
			who would like to enhance their CV by being involved in a pupil-led publication.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
,			considered for the Silver or Gold squads, please email
			sports.shanghai@wellingtoncollege.cn

## Monday

Name of Activity	Age-Groups	Category	Description
Chinese Art and Crafts	7-10	Open	This CCA is an opportunity through opportunity to explore traditional Chinese arts such as calligraphy, painting, paper cutting and knotting. Through hands-on activities and cultural projects, members learn about Chinese culture and express creativity. Although children will be doing art activities, the focus is on learning about Chinese culture.
Cycling Proficiency (Bike Riding)	7-11	Open	Open to all levels of proficiency, this CCA gives the chance to pupils to share the enjoyment of cycling while also allowing those who are still learning the opportunity to do so in a safe and supportive environment. Once everyone is comfortable riding, pupils will venture off campus for scenic bike rides along the river's dedicated cycle path.
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Chinese Watercolour painting	7-13	Open	Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a relaxing and creative environment.
Dungeons and Dragons	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative environment. They will create characters, weave stories and engage in role-playing games, developing skills in problem-solving, teamwork and storytelling. The club offers a fun and inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Table Tennis (Recreational)	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Starcraft	10-13	Open	In this CCA pupils immerse themselves in the strategic world of Starcraft, a popular real-time strategy game where players command armies, build bases and engage in tactical battles across a futuristic galaxy. In this club, pupils will refine their strategic thinking, teamwork and game skills while participating in friendly competitions and discussions. All welcome.
Volleyball (U19 SISAC)	10-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our program offers an inclusive environment where players of all skill levels can develop their volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills such as serving, setting, spiking and blocking, with practice matches and strategic drills to enhance physical fitness and game understanding.
Advanced Literary Appreciation (Chinese)	10-13	Invite/Team	Dive deep into the beauty and meaning of <b>Chinese literature</b> in this advanced appreciation club. Analyse classic and modern works, exploring themes, language, and cultural context. Ideal for fluent readers ready to challenge their thinking and enrich their literary insight.
Maths Competition	7-11	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Drama Fellows Play	9-13	Invite/Team	This session is for drama fellows only and a limited number of invited others (from the secondary school only).
Orchestra (Senior)	9-13	Invite/Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.  Please note that the following instruments are in the orchestra:  Strings: Violin, viola, cello, double bass, harp  Woodwind: Flute, clarinet, oboe, bassoon  Brass: French horn, trumpet, trombone, tuba  Percussion: Timpani, mallet percussion  It is important to note the orchestra will give regular performances, which will require some additional rehearsals. Pupils should be around grade 5 level

#### Tuesday

Name of Activity	Age-Groups	Category	Description
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer (Tabletop wargame series)	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe. Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world and have a lot of fun at the same time – as well as getting active. Pupils will learn the techniques to throw, aim, and strategise like a pro.
Physics Olympiad	9-12	Open	The British Physics Olympiad (BPhO) is a prestigious competition that challenges students to test their physics knowledge and problem-solving skills. Designed for secondary school pupils with a keen interest in physics, the Olympiad features a series of rigorous tests that cover a wide range of topics, from fundamental principles to advanced concepts There are different age categories for the competition. Pupils in Y10-13 should be studying physics.
Set Building	9-13	Open	Pupils involved in DT or with an interest in engineering, and who are keen to get involved in the building of sets for performances and developing their own practical skills should consider joining this CCA. Practical skills will be taught alongside developing design understanding and problem solving skills.
Chinese Drama Club	9-13	Open	A Drama CCA which focuses on Chinese Language Drama performances. Pupils will have the opportunity to develop their acting skills while focusing on Chinese language productions.  Pupils should be confident speaking in Mandarin to get the most from this activity.
Finance and Business Society	10-13	Open	This society provides a platform for pupils to explore key concepts such as investment strategies, financial markets and entrepreneurial ventures. Through workshops, guest lectures from industry professionals, and hands-on projects, pupils gain practical insights and experience in the financial and business sectors
Cooking	10-13	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. They will explore new recipes, create tasty dishes and enjoy their culinary creations together. It's a perfect blend of hands-on learning, teamwork and delicious fun. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Team Strength Training	9-13	Open	An opportunity for pupils involved with in or out-of-season training to develop their strength training in a controlled and facilitated environment. This activity will support year-round athlete strength development and conditioning. All sporting disciplines are welcomed.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Netball (U15)	9-10	Invite/Team	This CCA is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Joseph (Production)	9-13	Invite/Team	Auditions will be held on Sunday 31st August 9am-1pm. If you would like to audition please contact Mr LD (michael.larsen-disney@wellingtoncollege.cn)
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.

Writing Leap (Chinese Dept)	10-13	Invite/Team	Selected group focusing on developing Chinese writing skills.
V5 VEX Robotics Competition	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking
Basketball (U19 Boys SSSA)	10-13	Invite/Team	Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Through drills, practice games and strategic exercises, pupils will enhance their physical fitness, coordination and understanding of the sport. Whether you're a beginner or a more experienced player, the Basketball CCA offers a supportive and dynamic environment to grow and excel.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Wednesday

Name of Activity	Age-Groups	Category	Description
Chess Team	7-13	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor,
			helping them develop their game further, ultimately competing at local and regional
			competitions. Please email enrichment.shanghai@wellingtoncollege.cn if you are a high-
			level chess player and would like to be considered for the team.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email
			sports.shanghai@wellingtoncollege.cn
Duke of	9-13	Open	The Duke of Edinburgh Award is a youth achievement programme that encourages personal
Edinburgh			development and community involvement. It is divided into three levels: Bronze, Silver and
			Gold. This CCA will give pupils some extra dedicated time to focus on the award. Participants
			engage in various activities across four sections: Volunteering, Physical, Skills and an
			Expedition.
Volleyball (U19	9-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our
SISAC)			programme offers an inclusive environment where players of all skill levels can develop their
			volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills
			such as serving, setting, spiking and blocking, with practice matches and strategic drills to
			enhance physical fitness and game understanding.
Art Open Studio	10-13	Invite/Team	This is an optional opportunity for those studying art at GCSE or IB level to work on their
			projects. It may also be suitable for those with an artistic leaning but who are not formally
			studying art to work independently in the studio.
V5 VEX Robotics	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this
Competition			CCA, pupils will design, build and program robots to compete in the VEX Challenge, an
			international competition that tests teams' skills in robot design, programming and
			teamwork. The competition involves creating robots to complete specific tasks and
			overcome obstacles on a game field, encouraging innovation and strategic thinking
Tennis	10-13	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA,
(Beginners)			children will be introduced to fundamental skills such as grip, stance and basic strokes
			through fun and engaging drills. If your child is an experienced player and you would like them
			to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Thursday

Name of Activity	Age-Groups	Category	Description
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing.
Distantantant	0.10	0===	Girls: Leotard, tights and ballet shoes.
Biotechnology	9-10	Open	Discover the fascinating world of biotechnology in this hands-on science club. Explore how living things are used to create medicines, food, and sustainable solutions. Perfect for curious minds who enjoy science and innovation.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess. Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography. Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.
History & Politics Society	9-13	Open	History and politics society provides an opportunity for you to step into the past to understand the present - and perhaps even shape the future! We will explore the stories, ideas, and events that drive today's headlines, and see how history has set the stage for today's political landscape. You will be encouraged to think critically, engage in lovely debates and become truly global citizens.
American Computer Science League	10-13	Open	The American Computer Science League (ACSL) is a prestigious competition that challenges pupils to demonstrate their skills and knowledge in computer science and programming. ACSL provides a platform for pupils to showcase their technical abilities, compete against peers internationally and deepen their understanding of computer science. More information can be found at <a href="https://www.acsl.org/">https://www.acsl.org/</a> .
DT Open Workshop	10-13	Open	This CCA is an opportunity for pupils studying DT to work on their projects in the workshop.
Chemistry Olympiad	10-13	Open	The UK RSC Olympiad is designed for pupils who are passionate about chemistry and eager to tackle advanced challenges. This CCA prepares members for the Royal Society of Chemistry (RSC) Olympiad, a prestigious competition that tests their knowledge and problem-solving skills in chemistry. Through in-depth study sessions, practice tests and interactive workshops, pupils enhance their understanding of complex chemical concepts and develop their analytical abilities.
Netball (U15)	9-10	Invite/Team	This CCA is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Art Fellows	10-13	Invite/Team	This is a session for arts fellows.
Psychology Olympiad	10-13	Invite/Team	This is an opportunity for pupils in exam years to enter psychology competitions. Pupils should talk to their psychology teacher or tutor if they would like to be involved.
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: music.shanghai@wellingtoncollege.cn

SAT Preparation	10-13	Invite/Team	Practise strategies for reading, writing, and maths to prepare for the SAT examinations.
Academic	10-13	Invite/Team	These sessions are for pupils who have been selected to become academic fellows. For more
Fellows			information about this, please see the relevant section on the school website:
			https://shanghai.wellingtoncollege.cn/admissions/ scholarships-and-bursaries/
Table Tennis	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in
(Team)			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn
Leadership	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information
Programme			about how to apply for these positions will be shared with pupils at the start of the year.
			Please contact your respective Head of Year for more information.
Chinese	9-13	Invite/Team	Each year the college publishes a Chinese language magazine called Hui Ling Xin Yu (惠灵心
Magazine (Pupil			语) dedicated to exploring and celebrating the Chinese language and culture. Managed and
Publication)			produced entirely by pupils, this publication offers a unique blend of articles, stories,
			interviews and artwork that reflect their passion and learning journey. This CCA is most
			suitable for those studying Chinese, but also for those pupils with native-level Mandarin who
			would like to enhance their CV by being involved in a pupil-led publication.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>



#### Monday

Name of Activity	Age-Groups	Category	Description
Cycling Proficiency (Bike Riding)	7-11	Open	Open to all levels of proficiency, this CCA gives the chance to pupils to share the enjoyment of cycling while also allowing those who are still learning the opportunity to do so in a safe and supportive environment. Once everyone is comfortable riding, pupils will venture off campus for scenic bike rides along the river's dedicated cycle path.
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Chinese Watercolour painting	7-13	Open	Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a relaxing and creative environment.
Dungeons and Dragons	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative environment. They will create characters, weave stories and engage in role-playing games, developing skills in problem-solving, teamwork and storytelling. The club offers a fun and inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Table Tennis (Recreational)	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Starcraft	10-13	Open	In this CCA pupils immerse themselves in the strategic world of Starcraft, a popular real-time strategy game where players command armies, build bases and engage in tactical battles across a futuristic galaxy. In this club, pupils will refine their strategic thinking, teamwork and game skills while participating in friendly competitions and discussions. All welcome.
Volleyball (U19 SISAC)	10-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our program offers an inclusive environment where players of all skill levels can develop their volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills such as serving, setting, spiking and blocking, with practice matches and strategic drills to enhance physical fitness and game understanding.
Advanced Literary Appreciation (Chinese)	10-13	Invite/Team	Dive deep into the beauty and meaning of <b>Chinese literature</b> in this advanced appreciation club. Analyse classic and modern works, exploring themes, language, and cultural context. Ideal for fluent readers ready to challenge their thinking and enrich their literary insight.
IGEM (Science)	11-13	Open	Join our iGEM Science Club and experience the excitement of synthetic biology! Work as a team to design creative solutions to real-world challenges using genetic engineering. Build skills in research, innovation, and collaboration while preparing for the global iGEM competition.
Maths Competition	7-11	Invite/Team	The school Mathematics team is reserved for Wellington's most talented and dedicated mathematicians. Selection is based on their exceptional skills and problem-solving abilities. Members of the team will represent Wellington in prestigious national and international competitions. To be considered, pupils must demonstrate outstanding mathematical proficiency and a strong passion for the subject.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Drama Fellows Play	9-13	Invite/Team	This session is for drama fellows only and a limited number of invited others (from the secondary school only).
Orchestra (Senior)	9-13	Invite/Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.  Please note that the following instruments are in the orchestra:  Strings: Violin, viola, cello, double bass, harp  Woodwind: Flute, clarinet, oboe, bassoon  Brass: French horn, trumpet, trombone, tuba  Percussion: Timpani, mallet percussion  It is important to note the orchestra will give regular performances, which will require some additional rehearsals. Pupils should be around grade 5 level

## Tuesday

Name of Activity	Age-Groups	Category	Description
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer (Tabletop wargame series)	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe. Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world and have a lot of fun at the same time – as well as getting active. Pupils will learn the techniques to throw, aim, and strategise like a pro.
Physics Olympiad	9-12	Open	The British Physics Olympiad (BPhO) is a prestigious competition that challenges students to test their physics knowledge and problem-solving skills. Designed for secondary school pupils with a keen interest in physics, the Olympiad features a series of rigorous tests that cover a wide range of topics, from fundamental principles to advanced concepts There are different age categories for the competition. Pupils in Y10-13 should be studying physics.
Set Building	9-13	Open	Pupils involved in DT or with an interest in engineering, and who are keen to get involved in the building of sets for performances and developing their own practical skills should consider joining this CCA. Practical skills will be taught alongside developing design understanding and problem solving skills.
Chinese Drama Club	9-13	Open	A Drama CCA which focuses on Chinese Language Drama performances. Pupils will have the opportunity to develop their acting skills while focusing on Chinese language productions. Pupils should be confident speaking in Mandarin to get the most from this activity.
Team Strength Training	9-13	Open	An opportunity for pupils involved with in or out-of-season training to develop their strength training in a controlled and facilitated environment. This activity will support year-round athlete strength development and conditioning. All sporting disciplines are welcomed.
Finance and Business Society	10-13	Open	This society provides a platform for pupils to explore key concepts such as investment strategies, financial markets and entrepreneurial ventures. Through workshops, guest lectures from industry professionals, and hands-on projects, pupils gain practical insights and experience in the financial and business sectors
Cooking	10-13	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. They will explore new recipes, create tasty dishes and enjoy their culinary creations together. It's a perfect blend of hands-on learning, teamwork and delicious fun. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Netball (U15)	9-10	Invite/Team	This CCA is ideal for beginners and developing players eager to learn and improve their netball skills. Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Joseph (Production)	9-13	Invite/Team	Auditions will be held on Sunday 31st August 9am-1pm. If you would like to audition please contact Mr LD (michael.larsen-disney@wellingtoncollege.cn)
Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.

Writing Leap (Chinese Dept)	10-13	Invite/Team	Selected group focusing on developing Chinese writing skills.
V5 VEX Robotics Competition	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking
Netball (U19)	11-13	Invite/Team	Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Basketball (U19 Boys SSSA)	10-13	Invite/Team	Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Through drills, practice games and strategic exercises, pupils will enhance their physical fitness, coordination and understanding of the sport. Whether you're a beginner or a more experienced player, the Basketball CCA offers a supportive and dynamic environment to grow and excel.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Wednesday

Name of Activity	Age-Groups	Category	Description
Chess Team	7-13	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor,
			helping them develop their game further, ultimately competing at local and regional
			competitions. Please email enrichment.shanghai@wellingtoncollege.cn if you are a high-
			level chess player and would like to be considered for the team.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email
			sports.shanghai@wellingtoncollege.cn
Duke of	9-13	Open	The Duke of Edinburgh Award is a youth achievement programme that encourages personal
Edinburgh			development and community involvement. It is divided into three levels: Bronze, Silver and
			Gold. This CCA will give pupils some extra dedicated time to focus on the award. Participants
			engage in various activities across four sections: Volunteering, Physical, Skills and an
			Expedition.
Volleyball (U19	9-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our
SISAC)			programme offers an inclusive environment where players of all skill levels can develop their
			volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills
			such as serving, setting, spiking and blocking, with practice matches and strategic drills to
			enhance physical fitness and game understanding.
Art Open Studio	10-13	Invite/Team	This is an optional opportunity for those studying art at GCSE or IB level to work on their
			projects. It may also be suitable for those with an artistic leaning but who are not formally
			studying art to work independently in the studio.
V5 VEX Robotics	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this
Competition			CCA, pupils will design, build and program robots to compete in the VEX Challenge, an
			international competition that tests teams' skills in robot design, programming and
			teamwork. The competition involves creating robots to complete specific tasks and
			overcome obstacles on a game field, encouraging innovation and strategic thinking
Tennis	10-13	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA,
(Beginners)			children will be introduced to fundamental skills such as grip, stance and basic strokes
			through fun and engaging drills. If your child is an experienced player and you would like them
			to be considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

#### Thursday

Name of Activity	Age-Groups	Category	Description
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing:  Girls: Leotard, tights and ballet shoes.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess. Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography. Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.
History & Politics Society	9-13	Open	History and politics society provides an opportunity for you to step into the past to understand the present - and perhaps even shape the future! We will explore the stories, ideas, and events that drive today's headlines, and see how history has set the stage for today's political landscape. You will be encouraged to think critically, engage in lovely debates and become truly global citizens.
American Computer Science League	10-13	Open	The American Computer Science League (ACSL) is a prestigious competition that challenges pupils to demonstrate their skills and knowledge in computer science and programming. ACSL provides a platform for pupils to showcase their technical abilities, compete against peers internationally and deepen their understanding of computer science. More information can be found at <a href="https://www.acsl.org/">https://www.acsl.org/</a> .
DT Open Workshop	10-13	Open	This CCA is an opportunity for pupils studying DT to work on their projects in the workshop.
Chemistry Olympiad	10-13	Open	The UK RSC Olympiad is designed for pupils who are passionate about chemistry and eager to tackle advanced challenges. This CCA prepares members for the Royal Society of Chemistry (RSC) Olympiad, a prestigious competition that tests their knowledge and problem-solving skills in chemistry. Through in-depth study sessions, practice tests and interactive workshops, pupils enhance their understanding of complex chemical concepts and develop their analytical abilities.
Art Fellows	10-13	Invite/Team	This is a session for arts fellows.
Psychology Olympiad	10-13	Invite/Team	This is an opportunity for pupils in exam years to enter psychology competitions. Pupils should talk to their psychology teacher or tutor if they would like to be involved.
SAT Preparation	10-13	Invite/Team	Practise strategies for reading, writing, and maths to prepare for the SAT examinations.
Academic Fellows	10-13	Invite/Team	These sessions are for pupils who have been selected to become academic fellows. For more information about this, please see the relevant section on the school website: <a href="https://shanghai.wellingtoncollege.cn/admissions/scholarships-and-bursaries/">https://shanghai.wellingtoncollege.cn/admissions/scholarships-and-bursaries/</a>

Table Tennis	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in
(Team)			competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Leadership	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information
Programme			about how to apply for these positions will be shared with pupils at the start of the year.
			Please contact your respective Head of Year for more information.
Chinese	9-13	Invite/Team	Each year the college publishes a Chinese language magazine called Hui Ling Xin Yu (惠灵心
Magazine (Pupil			语) dedicated to exploring and celebrating the Chinese language and culture. Managed and
Publication)			produced entirely by pupils, this publication offers a unique blend of articles, stories,
			interviews and artwork that reflect their passion and learning journey. This CCA is most
			suitable for those studying Chinese, but also for those pupils with native-level Mandarin who
			would like to enhance their CV by being involved in a pupil-led publication.
Netball (U19)	11-13	Invite/Team	Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork
			through engaging drills and practice sessions.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			$considered \ for \ the \ Silver \ or \ Gold \ squads, \ please \ email \ \underline{sports.shanghai@wellingtoncollege.cn}$
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band
			are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon
			Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba
			Percussion: Drums (various)
			If you are interested in this please contact: <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a>



## Monday

Name of Activity	Age-Groups	Category	Description
Jazz Dance	7-13	Open	This CCA is suitable for those wishing to improve their dance skills or to develop skills to audition for our many productions. As well as the fundamental skills, pupils will be taught routines and set pieces from various shows as well as studying the choreography of influential figures.
Chinese Watercolour painting	7-13	Open	Chinese Watercolour is a traditional art form that blends delicate brushwork with flowing ink and vibrant colour. In this activity, pupils learn classic techniques to paint different images in a relaxing and creative environment.
Dungeons and Dragons	7-13	Open	In this CCA, pupils embark on imaginative adventures in a collaborative and creative environment. They will create characters, weave stories and engage in role-playing games, developing skills in problem-solving, teamwork and storytelling. The club offers a fun and inclusive space for fans of fantasy and adventure. Dungeons & Dragons (D&D) is a fantasy tabletop role-playing game (RPG).
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Table Tennis (Recreational)	7-13	Open	Whether you're new to the sport or looking to improve your skills, have fun and learn about basic techniques, including grip, serves and returns. Pupils will participate in friendly matches and engaging drills, developing their coordination and reflexes. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Starcraft	10-13	Open	In this CCA pupils immerse themselves in the strategic world of Starcraft, a popular real-time strategy game where players command armies, build bases and engage in tactical battles across a futuristic galaxy. In this club, pupils will refine their strategic thinking, teamwork and game skills while participating in friendly competitions and discussions. All are welcome.
IGEM (Science)	11-13	Open	Join our iGEM Science Club and experience the excitement of synthetic biology!  Work as a team to design creative solutions to real-world challenges using genetic engineering.  Build skills in research, innovation, and collaboration while preparing for the global iGEM competition.
Volleyball (U19 SISAC)	10-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our program offers an inclusive environment where players of all skill levels can develop their volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills such as serving, setting, spiking and blocking, with practice matches and strategic drills to enhance physical fitness and game understanding.
Advanced Literary Appreciation (Chinese)	10-13	Invite/Team	Dive deep into the beauty and meaning of Chinese literature in this advanced appreciation club.  Analyse classic and modern works, exploring themes, language, and cultural context.  Ideal for fluent readers ready to challenge their thinking and enrich their literary insight.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Drama Fellows Play	9-13	Invite/Team	This session is for drama fellows only and a limited number of invited others (from the secondary school only).
Orchestra (Senior)	9-13	Invite/Team	Wellington has three orchestras, and we do not hold auditions for any of them. It is important to find the right level of orchestra for each pupil.  Please note that the following instruments are in the orchestra:  Strings: Violin, viola, cello, double bass, harp  Woodwind: Flute, clarinet, oboe, bassoon  Brass: French horn, trumpet, trombone, tuba  Percussion: Timpani, mallet percussion  It is important to note the orchestra will give regular performances, which will require some additional rehearsals. Pupils should be around grade 5 level

## Tuesday

Name of Activity	Age-Groups	Category	Description
Debating	7-13	Open	This CCA pupils develop their public speaking and critical thinking skills through structured debates on a range of topics. They will practice constructing and presenting arguments, engaging in thoughtful discussion and responding to opposing viewpoints. Wellington takes part in a range of debating competitions throughout the year. This CCA is facilitated by LOZO public speaking and debating coaches.
Film Society	7-13	Open	The Film Society brings together pupils with a passion for cinema to explore and appreciate the art of filmmaking. Pupils will watch and discuss a diverse range of films, from classic masterpieces to contemporary gems, analysing themes, techniques and cultural impact
Warhammer (Tabletop wargame series)	7-13	Open	The Warhammer CCA welcomes students who are passionate about strategy, creativity and tabletop gaming. Pupils will engage in building and painting miniatures, crafting elaborate battle scenarios and playing epic Warhammer games. The CCA promotes strategic thinking, teamwork and artistic skills, offering a fun and immersive environment for enthusiasts to connect and share their love for the Warhammer universe. Pupils should be familiar with Warhammer and should be passionate about it. New members are welcome, but they are expected to be active and enthusiastic.
Ultimate disc golf	7-13	Open	Join our Ultimate Disc Golf activity to learn about one of the fastest growing sports in the world and have a lot of fun at the same time – as well as getting active. Pupils will learn the techniques to throw, aim, and strategise like a pro.
Physics Olympiad	9-12	Open	The British Physics Olympiad (BPhO) is a prestigious competition that challenges students to test their physics knowledge and problem-solving skills. Designed for secondary school pupils with a keen interest in physics, the Olympiad features a series of rigorous tests that cover a wide range of topics, from fundamental principles to advanced concepts There are different age categories for the competition. Pupils in Y10-13 should be studying physics.
Set Building	9-13	Open	Pupils involved in DT or with an interest in engineering, and who are keen to get involved in the building of sets for performances and developing their own practical skills should consider joining this CCA. Practical skills will be taught alongside developing design understanding and problem solving skills.
Chinese Drama Club	9-13	Open	A Drama CCA which focuses on Chinese Language Drama performances. Pupils will have the opportunity to develop their acting skills while focusing on Chinese language productions. Pupils should be confident speaking in Mandarin to get the most from this activity.
Team Strength Training	9-13	Open	An opportunity for pupils involved with in or out-of-season training to develop their strength training in a controlled and facilitated environment. This activity will support year-round athlete strength development and conditioning. All sporting disciplines are welcomed.
Finance and Business Society	10-13	Open	This society provides a platform for pupils to explore key concepts such as investment strategies, financial markets and entrepreneurial ventures. Through workshops, guest lectures from industry professionals, and hands-on projects, pupils gain practical insights and experience in the financial and business sectors
Economics Society	12-13	Open	Through engaging discussions, debates, and hands-on projects, members explore key concepts such as supply and demand, market structures, and global trade. The society also hosts guest speakers, workshops, and networking events to encourage critical thinking, problem-solving, and a deeper understanding of how economic principles shape our world.
Cooking	10-13	Open	In this CCA pupils learn to cook delicious and healthy meals! This fun and educational program teaches basic culinary skills, kitchen safety and nutrition. They will explore new recipes, create tasty dishes and enjoy their culinary creations together. It's a perfect blend of hands-on learning, teamwork and delicious fun. There is a nominal cost of RMB50 per session to cover ingredients, which will be deducted from children's lunch cards.
Chinese Debating Team	7-13	Open	Wellington's award-winning Chinese Debating Team excel in rigorous and dynamic debates conducted in the Chinese language. The team members demonstrate exceptional skills in argumentation, critical thinking and eloquent speaking. If you would like your child to be considered for the Chinese Debating Team, you should contact your child's Chinese teacher. Note that a native level of Mandarin would be required to take part.
Table Tennis (Team)	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in competitive table tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>
Joseph (Production)	9-13	Invite/Team	Auditions will be held on Sunday 31st August 9am-1pm. If you would like to audition please contact Mr LD (michael.larsen-disney@wellingtoncollege.cn)

Junior Orchestra	3-13	Invite/Team	The level of our junior orchestra, which meets on Tuesdays, is intermediate and, as a guide, pupils should be around grade 3 level. We also need talented players in our junior orchestra, so some children will hold a leadership position in the junior orchestra before moving up to the senior orchestra on Mondays. If you would like to play in one of our orchestras or wind band, please email <a href="mailto:music.shanghai@wellingtoncollege.cn">music.shanghai@wellingtoncollege.cn</a> and we can discuss which orchestra is most suitable.
Writing Leap (Chinese Dept)	10-13	Invite/Team	Selected group focusing on developing Chinese writing skills.
V5 VEX Robotics Competition	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this CCA, pupils will design, build and program robots to compete in the VEX Challenge, an international competition that tests teams' skills in robot design, programming and teamwork. The competition involves creating robots to complete specific tasks and overcome obstacles on a game field, encouraging innovation and strategic thinking
Netball (U19)	11-13	Invite/Team	Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork through engaging drills and practice sessions.
Basketball (U19 Boys SSSA)	10-13	Invite/Team	Pupils will work on fundamental basketball techniques, including dribbling, shooting, passing and defense. Through drills, practice games and strategic exercises, pupils will enhance their physical fitness, coordination and understanding of the sport. Whether you're a beginner or a more experienced player, the Basketball CCA offers a supportive and dynamic environment to grow and excel.
Bronze Swim Squad Training	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If you are unsure if your child is ready for Bronze squad training or you feel they should be considered for the Silver or Gold squads, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

#### Wednesday

Name of Activity	Age-Groups	Category	Description
Chess Team	7-13	Invite/Team	Wellington's chess team meet on Wednesdays and receive coaching from an external vendor,
			helping them develop their game further, ultimately competing at local and regional
			competitions. Please email enrichment.shanghai@wellingtoncollege.cn if you are a high-level
			chess player and would like to be considered for the team.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email sports.shanghai@wellingtoncollege.cn
Duke of	9-13	Open	The Duke of Edinburgh Award is a youth achievement programme that encourages personal
Edinburgh			development and community involvement. It is divided into three levels: Bronze, Silver and
· ·			Gold. This CCA will give pupils some extra dedicated time to focus on the award. Participants
			engage in various activities across four sections: Volunteering, Physical, Skills and an
			Expedition.
Volleyball (U19	9-13	Invite/Team	The Volleyball CCA is open to all pupils who are eager to learn and enjoy the game. Our
SISAC)			programme offers an inclusive environment where players of all skill levels can develop their
			volleyball abilities, teamwork and love for the sport. These sessions focus on refining skills
			such as serving, setting, spiking and blocking, with practice matches and strategic drills to
			enhance physical fitness and game understanding.
Art Open Studio	10-13	Invite/Team	This is an optional opportunity for those studying art at GCSE or IB level to work on their
			projects. It may also be suitable for those with an artistic leaning but who are not formally
			studying art to work independently in the studio.
V5 VEX Robotics	10-13	Invite/Team	The VEX Robotics Competition allows pupils to engage in the thrilling world of robotics. In this
Competition			CCA, pupils will design, build and program robots to compete in the VEX Challenge, an
			international competition that tests teams' skills in robot design, programming and teamwork.
			The competition involves creating robots to complete specific tasks and overcome obstacles
			on a game field, encouraging innovation and strategic thinking
Tennis	10-13	Open	The perfect opportunity for pupils new to tennis and eager to learn the basics. In this CCA,
(Beginners)			children will be introduced to fundamental skills such as grip, stance and basic strokes through
			fun and engaging drills. If your child is an experienced player and you would like them to be
			considered for competitive tennis, please email <a href="mailto:sports.shanghai@wellingtoncollege.cn">sports.shanghai@wellingtoncollege.cn</a>

## Thursday

Name of Activity	Age-Groups	Category	Description
Ballet	7-13	Open	Pupils will be exposed to the fundamentals of classical ballet. Open intermediate or advanced ballet dancers: please email enrichment.shanghai@wellingtoncollege.cn if you would like to discuss how we can best support your child's dancing. Children will need to wear the correct ballet clothing:  Girls: Leotard, tights and ballet shoes.
MUN	7-13	Open	One of our most established CCA options, the Model United Nations (M.U.N.) is an educational simulation that allows pupils to role-play as delegates to the United Nations. Through debates, research and diplomacy, pupils will gain a deep understanding of international relations, public speaking and critical thinking. Should they wish, pupils also have the chance to participate in conferences locally and even internationally.
Chess	7-13	Open	In this CCA pupils can hone their skills and engage in the timeless game of chess. Wellington Shanghai ranks among the top schools for chess in Asia, and our CCA is where we grow this talent. Whether you're a seasoned player or eager to learn, the Wellington Chess Club offers a challenging and supportive environment to sharpen your chess abilities and be part of our renowned chess tradition.
Choir	7-13	Open	We do not hold auditions for any of our choirs. All that is needed is a love of singing and a willingness to commit to taking part in performances and to learn the repertoire. The Secondary Choir will also take part in the end-of-term concert and some external performances. Those in Y9-13 who are unable to commit to a CCA rehearsal may attend the chamber choir, which meets Wednesday lunchtimes.
The Beacon (Pupil Publication)	7-13	Open	The Beacon is a Wellington pupil publication. This vibrant magazine features a diverse range of content, including news, opinion pieces, creative writing, artwork and photography. Managed and produced entirely by pupils, The Beacon reflects the unique perspectives and talents within the school community.
History & Politics Society	9-13	Open	History and politics society provides an opportunity for you to step into the past to understand the present - and perhaps even shape the future! We will explore the stories, ideas, and events that drive today's headlines, and see how history has set the stage for today's political landscape. You will be encouraged to think critically, engage in lovely debates and become truly global citizens.
American Computer Science League	10-13	Open	The American Computer Science League (ACSL) is a prestigious competition that challenges pupils to demonstrate their skills and knowledge in computer science and programming. ACSL provides a platform for pupils to showcase their technical abilities, compete against peers internationally and deepen their understanding of computer science. More information can be found at <a href="https://www.acsl.org/">https://www.acsl.org/</a> .
DT Open Workshop	10-13	Open	This CCA is an opportunity for pupils studying DT to work on their projects in the workshop.
Chemistry Olympiad	10-13	Open	The UK RSC Olympiad is designed for pupils who are passionate about chemistry and eager to tackle advanced challenges. This CCA prepares members for the Royal Society of Chemistry (RSC) Olympiad, a prestigious competition that tests their knowledge and problem-solving skills in chemistry. Through in-depth study sessions, practice tests and interactive workshops, pupils enhance their understanding of complex chemical concepts and develop their analytical abilities.
Art Fellows	10-13	Invite/Team	This is a session for arts fellows.
Psychology Olympiad	10-13	Invite/Team	This is an opportunity for pupils in exam years to enter psychology competitions. Pupils should talk to their psychology teacher or tutor if they would like to be involved.
SAT Preparation	10-13	Invite/Team	Practise strategies for reading, writing, and maths to prepare for the SAT examinations.
Academic Fellows	10-13	Invite/Team	These sessions are for pupils who have been selected to become academic fellows. For more information about this, please see the relevant section on the school website: https://shanghai.wellingtoncollege.cn/admissions/ scholarships-and-bursaries/
Wind Band	3-13	Invite/Team	The wind band is an ensemble just for wind instruments. The instruments in the wind band are: Woodwind: Flute, clarinet, oboe, saxophone, bassoon Brass: Trumpet, French horn, trombone, baritone/euphonium, tuba Percussion: Drums (various) If you are interested in this please contact: music.shanghai@wellingtoncollege.cn

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Table Tennis	7-13	Invite/Team	Tuesdays & Thursdays are team training by invitation only. If your child is interested in
(Team)			competitive table tennis, please email sports.shanghai@wellingtoncollege.cn
Leadership	7-13	Invite/Team	These sessions are for those chosen for pupil leadership positions in the school. Information
Programme			about how to apply for these positions will be shared with pupils at the start of the year. Please
			contact your respective Head of Year for more information.
Chinese	9-13	Invite/Team	Each year the college publishes a Chinese language magazine called Hui Ling Xin Yu (惠灵心
Magazine (Pupil Publication)			语) dedicated to exploring and celebrating the Chinese language and culture. Managed and
			produced entirely by pupils, this publication offers a unique blend of articles, stories,
			interviews and artwork that reflect their passion and learning journey. This CCA is most
			suitable for those studying Chinese, but also for those pupils with native-level Mandarin who
			would like to enhance their CV by being involved in a pupil-led publication.
Netball (U19)	11-13	Invite/Team	Pupils will receive comprehensive guidance on basic techniques, game rules and teamwork
			through engaging drills and practice sessions.
Bronze Swim	3-13	Invite/Team	Swim Squad Bronze is open to all pupils who can already swim and they train in CCA time. If
Squad Training			you are unsure if your child is ready for Bronze squad training or you feel they should be
			considered for the Silver or Gold squads, please email sports.shanghai@wellingtoncollege.cn

